

Pre-Operative Instructions

You are scheduled to have oral surgery under sedation/anesthesia.
Please follow these instructions to ensure your safety.

Failure to follow these instructions *exactly* may result in your procedure being rescheduled.

Medication

Most medication is OK to take
(**especially blood pressure and
breathing medications/treatments**)
unless it requires food.

Insulin: Half your night dose and skip
your morning dose. Check your
blood sugar in the morning and call
our office if it is low.

Aspirin, Plavix (clopidogrel) and
Brilinta (ticagrelor) are OK.

Blood Thinners: Please ask our office.



- Do not **eat** or **drink** for at least 8 hours before surgery.

- You may have **tap water** (no sparkling or flavored water) up to 2 hours before your surgery.

Call Us with Questions
406.727.4322



- A responsible adult must accompany you to your visit.
- Your driver must remain at the office during your entire procedure and drive you home afterwards. (You are legally intoxicated for 24 hours.)
- Wear a short-sleeved shirt for heart and lung monitors.
- Wear glasses instead of contact lenses (if applicable).
- Please remove all piercings of the mouth, lip and nose.
- Please remove fingernail polish or acrylic nails for monitors.

Post-Op Planning

Apple juice
Gatorade®
Fruit punch
Chicken/beef broth
Ice tea
Sherbet
Applesauce
Jell-O®
Popsicles
Yogurt
Ice cream
Ice packs

Citrus
Alcohol
Tobacco/Marijuana
Carbonation
Hot food/drink